

# BREAKFAST

## BREAKFAST\* 8 - 11 AM

### TRADITIONAL BREAKFAST PLATE . \$6.99

Two eggs any style with hash browns or grits and toast, biscuit or English muffin.

• ADD BACON, SAUSAGE OR HAM . . \$8.99

### OMELETTES ..... \$8.99

Served with hash browns or grits and toast, biscuit or English muffin.

HAM & CHEESE OMELETTE

BACON & CHEESE OMELETTE

SAUSAGE, MUSHROOM AND SWISS CHEESE OMELETTE

SPINACH, FETA, MUSHROOM OMELETTE

VEGGIE OMELETTE

Filled with grilled onions, peppers, mushrooms, tomatoes and cheese

Add Spinach. .... \$ .99

WESTERN OMELETTE

Filled with ham, grilled onions and peppers, tomatoes and cheese

### CAROLINA WRAP ..... \$8.99

2 eggs, sausage, bacon, cheese and hash browns, grilled to perfection.

WITH OR WITHOUT SALSA.

### THE BIG RIG..... \$9.99

A plate of hashbrowns topped with cheese, sausage gravy and two fried eggs.

### BREAKFAST FAJITAS ..... \$9.99

A plate of scrambled eggs, cheese, grilled onions and peppers, salsa, sour cream and three flour tortillas. Served with hashbrowns.

• ADD BACON, SAUSAGE OR HAM . \$10.99

### BISCUITS & GRAVY..... \$6.99

### PANCAKES OR FRENCH TOAST..... \$6.99

With 2 eggs. .... \$7.99

With bacon, sausage OR ham ..... \$8.99

With bacon, sausage OR ham AND 2 eggs..... \$9.99

## KIDS

### KIDS' PLATE ..... \$3.99

Two eggs with toast, biscuit OR English muffin

### KIDS' PANCAKES OR FRENCH TOAST ..... \$4.99

With 2 eggs. .... \$5.99

With bacon, sausage OR ham. .... \$6.99

With bacon, sausage OR ham AND 2 eggs.. \$ 7.99

## BREAKFAST SANDWICHES

Served on biscuit, English muffin, toast or Bagel (plain)

EGG ..... \$2.49

EGG & CHEESE ..... \$3.49

EGG & CHEESE WITH BACON, SAUSAGE OR HAM ..... \$4.49

EGG & BACON, SAUSAGE OR HAM ..... \$3.99

CHEESE & BACON, SAUSAGE OR HAM ..... \$3.99

BACON, SAUSAGE OR HAM ..... \$3.49

BLT ..... \$6.99

Bacon, lettuce, tomato and mayonnaise

## EXTRAS

ONE EGG ..... \$ .99

TWO EGGS..... \$1.99

EGG WHITES ..... ADD \$ .99

GRITS..... \$1.99

HASH BROWNS ..... \$2.99

BACON, SAUSAGE OR HAM..... \$3.49

TOAST ..... \$1.99

White or Wheat with butter & jelly

ENGLISH MUFFIN ..... \$1.99

with butter & jelly

BAGEL WITH CREAM CHEESE ..... \$2.99

BISCUIT..... \$2.49

with butter & jelly

# Sheila & CAROLINA Kitchen

“GOOD FOOD, GOOD PEOPLE”

## BREAKFAST LUNCH

**(252) 987-1300**

**LOCATED IN THE MAIN BUILDING**

**AT THE KOA KAMPGROUND**

**OPEN TO THE PUBLIC**

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## CAROLINA FARE\* 11 AM TIL CLOSE

- SHEILA'S BURGER** ..... \$6.99  
Hand pattied 100% Angus chuck beef, grilled to perfection. Served with lettuce & tomato.  
Add bacon, jalapeños, onions  
OR mushrooms ..... EACH \$9.99
- CHEESE BURGER** ..... \$7.99  
Served with lettuce and tomato.  
Add bacon, jalapeños, onions  
OR mushrooms ..... EACH \$9.99
- BACON CHEESE BURGER** ..... \$8.99  
Served with lettuce and tomato.  
Add bacon, jalapeños, onions  
OR mushrooms ..... EACH \$9.99
- FRIED CHICKEN SANDWICH** .... \$8.99  
Hand breaded with panko bread crumbs and house seasoning, topped with cheese and pickles & served with the house sauce. (sauce has a kick!)
- BBQ SANDWICH** ..... \$7.99  
Eastern North Carolina vinegar-based style BBQ; served on a bun with slaw
- PHILLY CHEESE STEAK** ..... \$9.99  
With grilled onions, peppers and smothered in cheese, served on a hoagie roll  
Add lettuce & tomato  
OR mushrooms ..... EACH \$9.99
- THE SUB** ..... \$9.99  
Packed with ham, turkey, pepperoni, banana peppers, lettuce, tomato, cheese and drizzled with a vinaigrette. Served hot or cold.
- GRILLED CHICKEN SANDWICH..** \$6.99  
Served with lettuce & tomato.  
Add bacon, cheese, jalapeños,  
mushrooms OR onions..... EACH \$9.99
- TURKEY REUBEN**..... \$7.99  
Smoked turkey, swiss cheese, SLAW and thousand island dressing grilled to perfection on rye
- SHEILA'S CUBAN**..... \$9.99  
Pulled pork, ham, swiss cheese, pickles and mustard piled high on a sub roll and grilled
- BUFFALO CHICKEN WRAP** ..... \$9.99  
Crispy chicken tossed in buffalo sauce, wrapped with lettuce, tomato, ranch and mozzarella cheese.
- CAROLINA BURGER WRAP** ..... \$9.99  
A delicious grilled hand pattied burger wrapped with cheese, bacon, lettuce, tomato, pickles and our house sauce. (sauce has a kick!)

- TRI-VILLAGE CHICKEN WRAP** ... \$9.99  
Grilled chicken, mozzarella cheese, bacon, slaw and the house sauce. (sauce has a kick!)
- VEGGIE WRAP** ..... \$8.99  
Filled with grilled onions, mushrooms, peppers, tomatoes, spinach and a house-made cheese spread.
- SHRIMP WRAP** ..... \$10.99  
Fried shrimp, mozzarella cheese, lettuce, tomato and the house sauce. (sauce has a kick!)
- SHRIMP PO' BOY** ..... \$9.99  
Delicately fried shrimp, shredded lettuce and our house sauce served on a crusty roll (sauce has a kick!)
- TURKEY WRAP** ..... \$8.99  
Smoked turkey wrapped with lettuce, tomato, swiss cheese and ranch dressing.  
Add bacon..... \$9.99
- TURKEY CLUB SANDWICH** ..... \$7.99  
Smoked turkey, bacon, swiss cheese, lettuce, tomato & mayonnaise.
- BLT** ..... \$6.99  
Bacon, lettuce, tomato and mayonnaise
- CHICKEN STRIPS (3 PC) WITH FRIES**..... \$9.99
- CHICKEN STRIPS (3 PC) W/OUT FRIES**..... \$7.99
- HOT DOG** ..... \$2.49  
Toppings: onions, relish, slaw.
- GRILLED CHEESE SANDWICH** ... \$2.49
- CAROLINA SALAD**..... \$10.99  
A plate of greens, topped with fresh veggies, turkey, bacon, cheese and egg.
- HOUSE SALAD** ..... \$4.99  
Just the salad.
- BIG HOUSE SALAD** ..... \$10.99  
A plate of greens, topped with fresh veggies and CHICKEN OR SHRIMP.
- Choice of dressing:**  
Ranch, Bleu Cheese, Balsamic Vinaigrette, Honey Mustard, or Thousand Island

# Sheila & CAROLINA Kitchen

“GOOD FOOD, GOOD PEOPLE”

## CAROLINA SEAFOOD\*

- FRIED SHRIMP BOAT** ..... \$13.99  
Delicately fried shrimp with fries, slaw & cocktail sauce.
- FISH BOAT** ..... \$15.99  
Delicately fried fish with fries, slaw & tartar sauce.
- THE COMBO BOAT**..... \$17.99  
Delicately fried fish and shrimp with fries, slaw AND hushpuppies.
- SHRIMP WRAP** ..... \$10.99  
Fried shrimp, mozzarella cheese, lettuce, tomato and the house sauce. (sauce has a kick!)
- SHRIMP PO' BOY** ..... \$9.99  
Delicately fried shrimp, shredded lettuce and our house sauce served on a crusty roll (sauce has a kick)
- FISH SANDWICH** ..... \$10.99  
A filet of fish fried and served on a bun with lettuce, tomato and tartar sauce.
- SMALL FRIES** ..... \$2.99
- LARGE FRIES** ..... \$4.99
- SMALL ONION RINGS (12)** ..... \$5.99
- LARGE ONION RINGS (20)**..... \$9.99
- MOZZARELLA STICKS (5)** ..... \$7.99  
Served with marinara sauce
- BOAT OF HUSHPUPIES (6)** ..... \$2.99

ALL ADDITIONAL SAUCES...\$50

## BEVERAGES

- SODAS (16OZ, 2 REFILLS)**..... \$1.99  
Pepsi, Diet Pepsi, Mountain Dew, Dr. Pepper, Root Beer, Sierra Mist, Pink Lemonade
- TEA (16 OZ)** ..... \$1.99  
Sweetened or Unsweetened
- ORANGE JUICE (12 OZ, NO REFILLS)** ..... \$2.99
- COFFEE (16 OZ, \$1 REFILL)**..... \$1.99
- HOT TEA (16 OZ, FREE WATER REFILL)** ..... \$1.99
- MILK (NO REFILLS)** ..... \$2.49
- CHOCOLATE MILK (NO REFILLS)** \$2.49
- WATER** ..... \$0.50
- CUP OF ICE** ..... \$0.50

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