

November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:45 am yoga 8 am exercise class 9 am Bible study 9am shuffleboard 11am aerobics 1 pm bocci 3 pm dance class	9 am line dance 9 am petanque 10 am arts & crafts 2 pm shuffleboard	6:45 am yoga 10 am quilting 1 pm bocci	9am petanque 10 am arts & crafts 2 pm shuffleboard	6:45 am yoga 8 am exercise class 9 am shuffleboard 11 am aerobics 1 pm bocci	

Regular activities:

WATER EXERCISE Mon-Fri. 11 AM
ADULT VOLLEYBALL Daily 10 AM
